TEST YOUR EATING SKILLS



GET UP AND GO!

1AN	ME:_			
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DID YOU EAT THE RAINBOW THIS WEEK?

Track to Find out! Put a check mark for each color you eat each day.

	SUN	MON	TUES	WED	THUR	FRI	SAT
RED							
ORANGE							
YELLOW							
GREEN							
BLUE							
PURPLE							